Longridge 7

Mile Road Race

Sunday 9 December 2012

Start 11:00am Longridge Civic Hall

Christmas Pudding to all Finishers

Entry Fees:

Attached £8.00
Unattached £10.00

Prizes:
1st 6 Male/Female
1st Vet each cat:

Entries to: **Steve Ashcroft, 36 Brook Place, Preston, PR2 1TE**
Telephone: **0788 678 6246**
Cheques /Postal Orders made payable to **"Road Races (Longridge 7)"**
Please enclosed a C5 S.A.E for number etc.
Closing Date: 2 December 2012
Enter online at: http://www.ukforms.net

Race: Longridge 7 Mile

Title: Mr.☐ Mrs.☐ Miss.☐ Ms.☐ Dr.☐ Please ✔ Tick Male: ☐ Female: ☐

First Names:

Surnames:

Address:

Post Code:

Telephone:

e-Mail:

Category: Male MV40☐ MV45☐ MV50☐ MV55☐ MV60☐ MV65☐ MV70☐
Please ✔ Tick Female FV35☐ FV40☐ FV45☐ FV50☐ FV55☐ FV60☐ FV65☐ FV70☐

DECLARATION: By completing this form and entering the race, I declare that I am eligible to compete under UK Athletics rules. I understand and agree that I participate in this race entirely at my own risk and rely on my own ability in dealing with all hazards. I must run in a manner which is safe for myself and all others. I agree that none of the organisers, sponsors, members or agents shall be held liable in any way whatsoever in connection with any loss, damage, injury or death caused or suffered by me as a result of participating in this event. I also agree that the management reserves the right to alter or change any event and in the unlikely event of abandonment, my entry fee will not be refunded.

From ukresults.net

Signed ..... Date .....