



Longridge Lions 7

Sunday 3rd June 2012

7 Mile Starts 11 am

Start & Finish outside

Longridge Civic Hall PR3

MEDALS to all Finishers Enter Online at www.ukforms.net

Prizes 1st 6 Male & Female

1st Vets male 40,45,50,55,60,65,70

1st Vet female 35,

40,45,50,55,60,65,70

Attached £8 Unattached £10 Extra £2 on the day

Entries to: Steve Ashcroft, 36 Brook Place, Preston, PR2 1TE

Cheques/Postal Orders made Payable to "Longridge Lions Club"

Please include S.A.E Postal closing date 30 May 2012



Name.....

E.Mail.....

Address.....

Post Code..... Club.....

Male Female Age.....D.o.B.....

Data Protection: If do not wish any details to be passed on to third party, including other running organisations, tick the box

I certify that I am fit to run and understand that the Organizers will in no way be held responsible for any Injury or my property during the event.

Signed..... DATE.....

From ukresults.net

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